



HOME FOR CHILDREN

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ASTOR EMPLOYEE PUBLISHED IN BOOK ON PLAY THERAPY

Rhinebeck, N.Y. — Athena A. Drewes, PsyD, RPT-S and Director of Clinical Training and APA Internship at The Astor Home for Children in Rhinebeck, New York was recently published as editor of the book, “Blending Play Therapy with Cognitive Behavioral Therapy”.

The book, released on February 24, 2009, features contributions from renowned leaders in the fields of play-based and cognitive behavioral therapy. The volume also includes classic and emerging evidence of the therapeutic benefits of using these therapies when working with children and adolescents.

Dr. Drewes has over 25 years of clinical experience with children and adolescents. In addition to her work with The Astor Home for Children, she is a Registered Play Therapist and Supervisor and has served as a past Director of the Association for Play Therapy. Drewes has been published numerous times before on the topic of Play Therapy, the most recent of which was in the 2006 book “Cultural Issues in Play Therapy”.

James McGuirk, Ph.D., Executive Director/CEO, The Astor Home for Children says, “We are all so proud of Athena and her accomplishments. Her knowledge on the subject of Play Therapy and her years of clinical experience has been invaluable to the Astor Home, our staff, and the children and families we serve. This book will, no doubt, be a great asset to those in the cognitive-behavioral therapy field and the patients they support.”

The Astor Home for Children, as it has since 1953, promotes the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 6,500 children and families annually, Astor’s current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community Based Mental Health and Educational Services. For additional information about The Astor Home for Children, please visit their website at, The Astor Home for Children please visit www.astorservices.org or call The Astor Home for Children Foundation at (845) 871-1117.