



## Home-Based Crisis Intervention (HBCI)

The Home-Based Crisis Intervention (HBCI) is an intensive, short-term family therapy program designed to prevent out of home placement, including psychiatric hospitalization, emergency department visits, or residential placement.

Supporting families in crisis, services are held in the home, school, or community multiple times a week. HBCI is staffed with licensed clinicians who support the family in learning and practicing skills and strategies to safely manage emotions, thoughts, and behaviors. Staff are also available to families 24-hours a day, 7 days a week, to provide coaching support when needed.

### Services

- Sessions in the home, school, or community
- Family therapy, education, and support
- Individual therapy
- Behavioral health assessment
- Treatment planning
- Linkage and referral to support services
- Discharge planning
- 24 hours/7 days a week coaching and support for a behavioral health crisis

- Unable to function in the home, school, or community
- Youth and family want to prevent out of home placement and remain together in the home
- Youth is 5-20 years
- Youth lives in Dutchess, Ulster, Westchester, Putnam, Columbia and Greene counties

### To Participate

Youth must be at-risk of out of home placement (such as psychiatric hospitalization or emergency room visits) due to one of the following:

- Unable to be safe with self and/or others

### Contact

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