



# Head Start & Early Head Start

Head Start is a federally funded preschool program serving low-income children and children with disabilities.

- Free program for children who qualify
- Home-based program option
  - Prenatal 5 years old
    - Weekly 90 minute home visits

### Center-based program option

- 6 Weeks to 5 years old
- Monday Friday
- 5-6.5 hours a day

## Special Services:

#### Special Class Integrated Setting (SCIS)

Provides Special Education services within a 5-hour, 5-day a week, Head Start integrated classroom. Available at Mt. Alvernia, Beacon, Wingdale, and Poughkeepsie locations

**1:8:2** – This is a 5-hour, 5 day a week program in a self-contained classroom. *Available at Beacon and Poughkeepsie locations.* 

**12:1:2** –This is a 5 hour, 5 day a week program in a self-contained classroom. *Available at Beacon location.* 

**Therapeutic Preschool** – Designed for children with significant needs in social and emotional skills. Integration of education and clinical models. 5-hours, 5 day a week program. *Available at Poughkeepsie location.* 

**Bright Steps Toddler Room** - Provides Early Intervention services within a 6.5 hour, 5 day a week. *Available at Mt. Alvernia location.* 

## **Goals:**

- Help develop social and emotional competence of young children
- Implement strategies that promote school readiness
- Provide comprehensive family engagement services
- Promote health, mental health, and provide developmental screenings
- Collaborate with community resources to support the families and program

#### Locations:

#### Beacon

29 Willow Streetm Beacon, NY 12508 (845) 838-9904

#### Mt. Alvernia

136 Sheafe Road, Wappingers Falls, NY 12590 (845) 296-1892

#### Poughkeepsie

50 Delafield Street, Poughkeepsie, NY 12601 (845) 452-7726

#### Wingdale

6423 State Route 55, Wingdale, NY 12594 (845) 832-3331

## For more information, please contact:

## Kim Tsoubris

50 Delafield Street Poughkeepsie, NY 12601 (845) 452-4167 EarlyChildhood@astorservices.org www.astorservices.org

